

## AUGUST 2022 – LUNCH ELEMENTARY, MIDDLE, AND K8 SCHOOLS

Fresh Fruit, Fruit Cup and/or 100% Fruit Juice are offered at each meal. Assorted milk served daily.

Offer Vs Serve – Must have 3 different components, at least ½ cup fruit or vegetable. May have meat and grain, 2 veggies, fruit, milk

This institution is an equal opportunity provider.

Menu is subject to change due to product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Georgia grown and locally sourced products and ingredients are offered regularly			4 Nachos Supreme Cheese Quesadilla Cheesy Bean Dip Seasoned Corn	5 Hot Dog Grilled Cheese Celery w/ Dip French Fries
8 Beef Burrito Bowl Grilled Cheese Fresh Veggies w/ Dip Seasoned Corn	9 Chicken Pot Pie w/ Biscuit Manager's Choice PBJ Sandwich Baby Carrots w/ Dip Sliced Cucumbers w/ Dip	10 Hamburger w/ Fixins' Mac & Cheese w/ Breadstick Sweet Potato Soufflé Romaine and Spinach Salad	11 Chicken Tenders w/ Roll French Bread Pizza Baked Beans Mashed Potatoes w/ Gravy	12 Corn Dog Hot Ham and Cheese Sandwich PBJ Sandwich Seasoned Green Beans French Fries
15 Southern Chicken Sandwich French Bread Pepperoni Pizza PBJ Sandwich Seasoned Fries Fresh Veggies w/ Dip	16 Chicken Nuggets w/ Roll Cheese Pizza Crisp Garden Salad Sweet Potato Fries	17 BBQ Sandwich Bento Box Glazed Yams Cucumber and Tomato Salad	18 Nachos Supreme Cheese Quesadilla Cheesy Bean Dip Seasoned Corn	19 Hot Dog Grilled Cheese Celery w/ Dip French Fries
22 Beef Burrito Bowl Grilled Cheese Fresh Veggies w/ Dip Seasoned Corn	23 Chicken Pot Pie w/ Biscuit Manager's Choice PBJ Sandwich Baby Carrots w/ Dip Sliced Cucumbers w/ Dip	24 Hamburger w/ Fixins' Mac & Cheese w/ Breadstick Sweet Potato Soufflé Romaine and Spinach Salad	25 Chicken Tenders w/ Roll French Bread Pizza Baked Beans Mashed Potatoes w/ Gravy	26 Corn Dog Hot Ham and Cheese Sandwich PBJ Sandwich Seasoned Green Beans French Fries
29 Southern Chicken Sandwich French Bread Pepperoni Pizza PBJ Sandwich Seasoned Fries Fresh Veggies w/ Dip	30 Chicken Nuggets w/ Roll Cheese Pizza Crisp Garden Salad Sweet Potato Fries	31 BBQ Sandwich Bento Box Glazed Yams Cucumber and Tomato Salad		Learn more about Richmond County's Wellness Plans & how to participate at: <a href="https://www.rcboe.org/wellness">Nutrition Services / Wellness Policy (rcboe.org)</a>